



**JANUARY • FEBRUARY 2022 NEWSLETTER
ART AND JAZZ SPECIAL EDITION**

8th Annual

ART AND JAZZ

Under The Stars

 **PLANTING SEEDS FOR THE FUTURE** 



Le Jardin would like to express its gratitude to all parents, teachers, staff, artists, and members of the community who joined us to celebrate the 8th Annual Art and Jazz!

We've witnessed an incredible collaboration between teachers, parents, and students for eight consecutive years and take pride in putting on this event for our families to enjoy and be a part of.

We would also like to express our gratitude to the staff that volunteered to beautify and transform the amphitheater at Site 2.

We hope you all enjoyed this night as much as we did and hope to see you again in 2023!







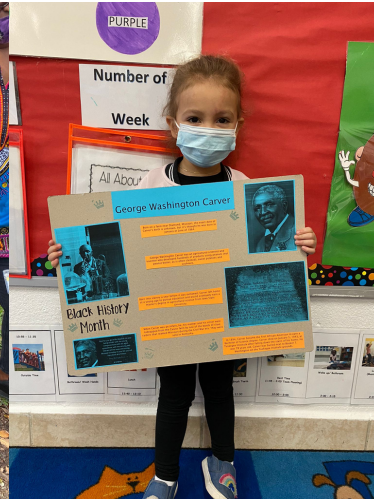
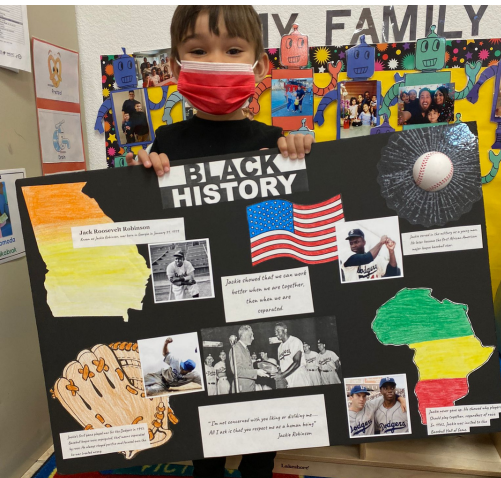



In the Classroom

BLACK HISTORY MONTH CELEBRATION

In celebration of Black History Month, each center participated in an educational activity that highlighted the accomplishments and impact of important figures during the Civil Rights movement.

Some celebrated and paid homage to the African culture by wearing typical costumes and reenacting Dr. King's "I Have a Dream".





100 Days of School

Our Head Start cuties made it to their 100th day of school and celebrations were in full effect at all Le Jardin centers!

The goal of celebrating 100 days of school is to reinforce reading, writing, and, most importantly, math skills learned.



APRECIATED



THANK U

Community Partners in Action



Community partner Meraki Wellness and Healing and the Mental Health component collaborated to host an ice cream appreciation party for our staff!

Stressing the importance of taking care of your Mental Health, Meraki left the staff at each center with the following tips to feel better!



GRATEFUL!

QUICK TIPS TO IMPROVE YOUR MENTAL HEALTH

TIP 1:

DRINK MORE SPRING WATER.

TIP 2:

GET MORE DEEP SLEEP.

TIP 3:

GET MORE SUNLIGHT (ESPECIALLY IN THE MORNING).

TIP 4:

STRETCH AND LOOSEN YOUR JOINTS.

TIP 5:

WALK IN NATURE.



GRACIAS



APPRECIATED



BLESSED

About Meraki Wellness and Healing

Meraki Wellness & Healing is dedicated to empowering our clients to build emotional resilience, learn and practice daily life skills that will help them reach their full potential.

786-536-4420

#ITSOKTOTALKABOUTIT



In the Classroom

DR. SEUSS WEEK!

Our Head Start cuties celebrated Dr. Seuss's 118th Birthday! All week long, they dressed up, wore funky hats, silly socks, and fun costumes.

Dr. Seuss famous books were also a big part of the celebration. Each activity was centered around a different story to encourage creativity and love of reading!



NUTRITIONAL ACTIVITIES Cucumber Caterpillar

Our Head Start cuties made delicious caterpillars with cucumbers, juicy tomatoes, and carrots! After they were done making the caterpillars they got a taste of the refreshing cucumbers and crispy carrots. Yumm!

