

SPECIAL EDITION NEWSLETTER



TAKE A PEEK!

BOOKS COME TO LIFE
IN CLASSROOM ACTIVITIES
LOCO FOR HOT COCOA
STAFF WELLNESS ACTIVITY

POSITIVE PARENTING
PROGRAM GRADUATION
HOLIDAY CELEBRATIONS
MENTAL HEALTH CORNER WITH DR. MARY



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Storybook and fairy tale characters came to life during Le Jardin's annual Books Come To Life Literacy Parade.

Children, families, and staff collaborated to create elaborate costumes and props to impress the judges and compete for a classroom price!



Our goal is to increase awareness of the significance of literacy and help parents understand the importance of reading to their children daily. Literacy empowers children to communicate effectively, succeed academically, and engage successfully in society.

The Books Come to Life Literacy Parade judges Councilman Larry Roth, City of Homestead, Lourdes Gimenez, from The Children's Trust, Le Jardin's Board Member and Associate Professor School of Education and Human Development, Jacqueline Lynch, Pikitin Learning Projects Co-Founder and Chief Creative Officer, Rita Rosa Ruesga, and Barbara Otero from Asthma & Allergy Care.





Early Head Start Teachers and parents had a blast bringing to life their children's favorite books character.

Each classroom chose a different storybook and made their own costumes!



The Wheels On The Bus and The Little Red Hen were among the prize winners.



The Very Hungry Caterpillar, The Three Little Piggies, and Animal Songs were crowd favorites.



Infants dressed as adorable pumpkins representing The Five Little Pumpkins story. Chicka, Chicka Boom, Boom, Old McDonald, and Caps for Sale also had some creative costumes.



In the Classroom



SCIENCE EXPERIEMENT

Using simple ingredients such as water, blue food coloring, and shaving cream these Head Start Cuties conducted a science experiment to learn about precipitation.

How it works: The shaving cream cloud gets heavier as you add the food coloring. This allows for the food coloring to sink through the cloud and release into the water, depicting what happens with rain outside! When the cloud is too heavy, some of the water falls back down to Earth.

CUATROGATOS FOUNDATION DUAL LANGUAGE STORY TIME



Fundacion Cuatrogatos, is a non-profit organization founded by Miami-based authors Sergio Andricaín and Antonio Orlando Rodríguez. It has as its main goal the promotion of culture and education, with an emphasis on children. Cuatrogatos Foundation conceives and implements projects that, through literature, art and the different means for the acquisition of knowledge, develop the creative, critical and civic capacities of the Spanish-speaking community of Miami.

In the Classroom

TURKEY CONTEST

All Le Jardin families welcomed the Holidays with a Turkey Contest.

Head Start and Early Head Start families and teachers at each center got creative and made turkeys out of recycled materials such as milk jugs, paper rolls, water bottles, plastic cups, spoons and forks, and boxes! The most creative turkeys won a prize!

We love to see our families engaged and participating in all of these fun activities!



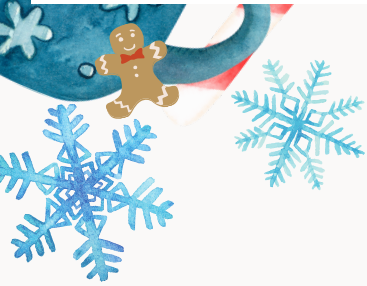
LOCO FOR

Hot Cocoa

Staff Wellness Activity



Le Jardin staff took a moment to decompress and go loco for hot cocoa! Each center had its very own Hot Cocoa Bar complete with a variety of toppings and music to dance any holiday stress, anxiety, or worry away!





Positive Parenting Program

Congratulations are in order for all Positive Parenting Program Grads! Our Early Head Start and Head Start parents spent the past 8 weeks learning and perfecting strategies to better manage their child's behavior through strong, healthy relationships.

Parents who complete the program receive a certificate, social-emotional, and interactive games they can play with the whole family.

The program implements the Triple P curriculum where parents are introduced to the five key principles of positive parenting to help build strong, healthy relationships, confidently manage their children's behavior, and prevent problems from developing. We know raising kids isn't always easy!

Special thanks to Castleton Gardens for donating breakfast for our Triple P grads!

Do you want to learn effective strategies to better manage your child's behavior? Call 786. 876.4852 and ask what the Triple P can do for you!



Holiday Celebrations

Commissioner for Danielle Cohen Higgins

Miami Dade County
Commissioner for District 8,
Danielle Cohen Higgins visited Le
Jardin Center 7 to spread Holiday
Cheer.

The Commissioners, along with
her staff, donated over 100 toys
for our Early Head Start children.
Center 7 Staff and parents turned
the playground into a Holiday
village and welcomed Santa and
Mrs. Claus to brighten our little
ones' day!

Le Jardin Community Center is
grateful for Commissioner Cohen-
Higgins and the work she does in
our community.



Le Jardin Community Center would like to thank every individual and organization that helped make the holidays unforgettable and exciting for our children and families! An extra special thank you to those individuals and organizations who reach out to us year after year to make sure our Head Start Cuties have a gift to take home.

Thank You

COMMISSIONER DANIELLE COHEN HIGGINS
COMMISSIONER KIONNE MCGHEE
CITY OF HOMESTEAD PD: OFFICER WADLEY SHANE & OFFICER DEMPS
SAINT PHILIPS
MERAKI WELLNESS HEALING
BAPTIST HEALTH
BRIGHT SEASONS

JERIBETH DE PEREZ
CATARINA BERNABE
PAMELA & CHUCK SHUMACHER
DR. JOANNE CARRILLO
SUNSHINE OIL
BEEHOUSE REALTY AND TEAM: SUGEYRIE SANTIAGO,
ELSIE BLANDON, NILY PADRON, AND GRECIA TORO
AJ'S TOY DRIVE
HEARTWELL HOME HEALTH CENTER
BRIGHT SEASONS
RENAISSANCE ELEMENTARY CHARTER SCHOOL
EDDYS MAESTRE
DEBBIE CHERUBINI
YAZMIN AMAYA
ATTORNEY SEAN O'CONNOR
ATTORNEY MORGAN CRONIN
BOB & SANDY SLATER
JANELA RODRIGUEZ
JANET DIAZ



Holiday Celebrations





The Mental Health Corner with Dr. Mary

This year is your year!

According to Bennie Man, a reggae icon, “You’re Unstoppable, Stay Strong!” Beginning a new year can be overwhelming and challenging for many but, it doesn't have to be that way! Reminding ourselves that we are doing the best we can and taking it one step at a time can help with stress and reduce anxiety. If you want to make changes in 2023 and don't know where to start, below are 10 tips on planning Your New Year, New You.

1. Set clear realistic goals.
2. Start small, pick one thing and stick with it.
3. Live within your means.
4. One step at a time is better than no step.
5. Declutter your life, declutter your home.
6. Fight for what you want.
7. Missing your mark is not a failure just another chance to try again.
8. Don't give up!
9. Write it down, and check on yourself every so often.
10. Praise Yourself for every little accomplishment after all you're worth it!

Let's Go 2023!