

July-August Newsletter



Planting Seeds for the Future

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 LejardinCommunityCenter  lejardincommunitycenter



C11MD0400 ; C11MD0422 ; C11MD1855 ; C11MD1368 ; C11MD2141 ; C11MD2548 ; C11MD2926 ; C11MD3086

WELCOME BACK



Teachers and staff across Le Jardin welcomed students back into the classroom! The teams at Center 1 took the time to make the centers and classrooms welcoming and exciting for the first day of school. New books, posters, and wall art created by the teachers and parents were posted to inspire the little ones.

TO SCHOOL



These Head Start Cuties were ready to seize the day on their first day of school! We hope all Le Jardin children have an incredible school year full of fun activities and learning.

Congressman Carlos Gimenez



On August 4th Congressman Carlos Gimenez visited Le Jardin Center 8. Congressman Gimenez toured the facility and met some Le Jardin teachers, children, and staff.

The Congressman is an advocate for children and the Head Start program. We appreciate his support and look forward to his next visit.

#HEADSTARTWORKS

Follow Le Jardin on Social!



Positive Parenting Program

GRADUATION CELEBRATION

Congratulations are in order for all Positive Parenting Program Grads! Our Early Head Start and Head Start parents spent the past 8 weeks learning and perfecting strategies to better manage their child's behavior through strong, healthy relationships.

Parents who complete the program receive a certificate, social-emotional, and interactive games they can play with the whole family.

The program implements the Triple P curriculum where parents are introduced to the five key principles of positive parenting to help build strong, healthy relationships, confidently manage their children's behavior, and prevent problems from developing. We know raising kids isn't always easy!

Special thanks to Castleton Gardens for donating breakfast for our Triple P grads!

Do you want to learn effective strategies to better manage your child's behavior? Call 786. 876.4852 and ask what the Triple P can do for you!

1

Ensure a safe engaging environment.

2

Create positive learning environments.

3

Use assertive discipline.

4

Have reasonable expectations.

5

Look after themselves as a parent.



Literacy Activity



PROMOTING EARLY LITERACY AND FOSTERING A LOVE FOR READING

Le Jardin board member and Associate Professor at the School of Education and Human Development, Jacqueline Lynch, Ph.D., and Jennifer Mirabal, Ph.D. Assistant Teaching Professor Early Childhood Education at Florida International University, read to our toddlers about different animals using the What Do You See At The Zoo books!

Learning to read is one of the most important early childhood skills and can provide children with a sense of enjoyment. A wealth of research has established the importance of early literacy skills for later school readiness and long-term school success.

ENCOURAGING A LIFELONG LOVE OF READING

Allow children in your class to select and read the books they are interested in.

Try to set up your classroom with a comfortable area that is designated for reading.

Develop reading routines.

Promote connection through reading.



Embroidery Workshop



Le Jardin's parents participated in an embellishment workshop where they customized pieces such as shirts, hats, headbands and hair clips, and cardigans.

Soon-to-be moms enrolled in the Prenatal Academy unleashed their creativity and fashioned unique designs on newborn clothing articles such as onesies, socks, and blankets. This is the first workshop facilitated by Ms. Maria Cecilia Muñoz and Ana Milena Martinez who also kindly donated the materials for the workshop.

A series of embroidery workshops will take place throughout this school year with the objective of empowering parents to learn new skills and take up new hobbies.



Oral Health Workshop



Le Jardin's soon-to-be-moms in the Prenatal Academy participated in a Maternal Oral Health workshop provided by our community partners, Liberty Deal Plan. Liberty provided participating moms with incredible Prenatal Care Kits and provided information on the importance of Oral Health for pregnant women and babies. Each kit contained a Burp Pad, Baby Bottle, Baby Toothbrush, and an Adult Oral Health kit.

According to the CDC, one way to prevent cavities in young children is to improve pregnant women's oral health. Pregnancy may make women more prone to periodontal (gum) disease and cavities. Oral health may be considered an important part of prenatal care, given that poor oral health during pregnancy can lead to poor health outcomes for the mother and baby.





Shoutout to Kamala Russell and Rhaiza Ramirez from Le Jardin Community Center, Inc. Center #2A for a job well-done tracking attendance and meal counts!



Le Jardin's Positive Parenting Program is proud to introduce the newest additions to our Social-Emotional kits, given to participating parents: The Good Behavior Bucket and Emoji Cubes! With these new strategies, parents can teach their children to make good choices, process their emotions, deal positively with conflict, and empathize with others.



Thank you Jennifer Luna for all of your help during pre-service!



Thank you parents for all of your help in the classroom!

A partnership between teachers and families helps develop successful and well-rounded students ♥ Cleaning, Storytime, beautifying the classroom, and even helping during lunchtime are great ways for parents to get to know their child's educational environment . We encourage all parents to take a few hours to get involved!



Le Jardin is happy to announce its participation in this year's Give Miami Day. Give Miami Day is The Miami Foundation's annual giving movement uniting nonprofits – big and small, new and established – to celebrate and increase generosity in Greater Miami through online giving. The event helps raise awareness about the critical role Miami's nonprofits play in our community and inspires all of us to give to causes we care about.

Your contribution allows for our organization to grow, ultimately enabling us to reach the most vulnerable children and families. Enriched by the diversity of our community, Le Jardin Community Center, Inc. is dedicated to improving the quality of life for children and families. We provide high-quality educational, recreational, and cultural activities as well as comprehensive services in a safe, caring, and nurturing environment.

We'll share more details soon.
EARLY GIVING BEGINS NOVEMBER 14
(GiveMiamiDay.org)



Go Ada! Congratulations on your Director's Credential!

MENTAL HEALTH CORNER WITH DR. MARY



Staff Wellness Activity

Eat, Pray, Love

The Mental Health team created an incredible Mental Health & Wellness experience for Le Jardin staff! Using the theme Eat, Pray, Love, a space was created for staff to meditate for a few minutes, dedicate some words of wisdom and love to their peers, and eat.

Throughout the year, Dr. Mary and her team have emphasized the importance of Wellness through multiple activities and monthly email reminders to take care of ourselves daily.

Thank you Dr. Mary for taking the time to remind us that self-care is important because we matter. Special thanks to Kathy and Miami Dade County Public Schools Summer Youth Internship Program participants, Kai and Amanda for helping Dr. Mary with this activity!

