



Florida Resources



For crisis situations that are not life-threatening, find mental and behavioral health resources and other information below close to you. While these resources are general, the best resource is your family's medical provider.

If you are in a life-threatening situation, call 9-1-1 or go to an emergency department.

If you are having thoughts of suicide or need to talk, please contact the National Suicide Prevention Lifeline 1-800-273-8255. If you prefer to text, you can text "START" to 741-741 where a live, trained specialist will respond back to you.

Suicide/Crisis Hotlines

Text "START" to 741741

- <https://www.myflfamilies.com/>

Text "ANSWER" to 839863

- <https://www.myflfamilies.com/>

Centerstone Crisis Hotline

- 941-782-4617
- <https://centerstone.org/contact/#crisis>

Mental Health Hotlines

NAMI Florida Website

- <http://www.namiflorida.org/index.php>

Child Abuse

Florida Child Abuse Reporting Hotline

- 1-800-962-2873

Domestic Abuse

Florida Domestic Violence Hotline

- 1-800-500-1119
- <http://www.myflfamilies.com/service-programs/domestic-violence>

Florida Domestic Violence Legal Hotline

- 1-800-500-1119 ext. 3

Domestic Violence Shelters

- <https://www.fcadv.org/sites/default/files/1.%20FCADV%20Hotline%20Info%20%28PAGE%206%20ONLY%29.pdf>
- Each shelter has its own hotline in this guide

Parent Hotlines/Resources

Parent Resources for Children Contemplating Suicide

- www.myflfamilies.com/service-programs/samh/prevention/suicide-prevention/parents-adults.shtml

LGBT Resources

LGBTQ Youth Line

- 866-488-7386
- 24/7 hotline

Text Line

- Fridays only
- Text 1-202-304-1200
- www.myflfamilies.com/service-programs/samh/prevention/suicide-prevention/teens-young-adults.shtml

National Resources

Remember: Behavioral health services are best provided as close to a patient's community as possible so that the treatment plan can include important resources from a child's natural support system and other local supportive services.

If you are in a life-threatening situation, call 9-1-1 or go to an emergency department.

Mental Health Hotlines

National Suicide Prevention Lifeline

- 1-800-273-8255

NAMI National Help Line

- 1-800-950-6264
- Staffed M-F, 10 AM - 6 PM EST
- www.nami.org/find-support/nami-helpline

Girls & Boys Town National Hotline

- (800) 448-3000

National Hopeline Network

- (800) SUICIDE

National Youth Crisis Hotline

- (800) 442-HOPE (4673)

SAMHSA National Helpline

- 800-662-4357

The National Child Traumatic Stress Network (NCTSN)

- www.nctsn.org

Parent Hotline

National Parent Helpline

- 1-855-427-2736

Domestic Violence

National Domestic Violence Hotline

- (800) 799-7233

Child Abuse

National US Child Abuse Hotline

- 1-800-4-a-Child (1-800-422-4453)
- www.childhelp.org/hotline

Lauren's Kids

- www.laurenkids.org/wp-content/uploads/2014/12/Trusted-Triangle.pdf

Autism

American Autism Association

- 1-877-654-4483
- www.myautism.org/autism-help-hotline

Autism Speaks Information Line

- Autism Response Team
 - 1-888-288-4762
 - www.autismspeaks.org/autism-response-team-art?location_lat=34.5199402&location_lng=-10

LGBT

LGBT National Help Center

- 1-888-843-4564
- www.sprc.org/sites/default/files/migrate/library/SPRC_LGBT_Youth.pdf

Trans Life

- 877-565-8860
- 10 AM - 4 AM EST
- www.translifeline.org

Eating Disorders

National Eating Disorders Association Helpline

- 800-931-2237
- www.nationaleatingdisorders.org

ANAD Hotline

- 630-577-1330
- www.anad.org/our-services/eating-disorders-helpline